# Emergency: 911

**COVID19 Helping Hands Resources**

# Food resources

St. Vincent de Paul Society - Colleen Charleston - 508-435-3313 x207 c [dchar07@gmail.com](mailto:cdchar07@gmail.com) Project Just Because: 508-435-6511 or email [pjboffice@comcast.net](mailto:pjboffice@comcast.net)

Ashland Emergency Fund - Ashland residents only 508-881-0140 x3

# Clothing Resources

St. Vincent de Paul Society - Colleen Charleston - 508-435-3313 x207 c [dchar07@gmail.com](mailto:cdchar@gmail.com) Project Just Because: 508-435-6511 or email [pjboffice@comcast.net](mailto:pjboffice@comcast.net) x207

# Monetary Resources

St. Vincent de Paul Society - Colleen Charleston - 508-435-3313 x207 c [dchar07@gmail.com](mailto:cdchar07@gmail.com)

South Middlesex Opportunity Council (SMOC) - Fuel Assistance and Housing Assistance - (508) 620-1230

Ashland Emergency Fund - Ashland Residents only - Cara Tirrell 508-881-0140 x3

# Health Resources

Hopkinton Public Health Nurse website: <https://www.healthyhopkinton.com/rninhopkinton>

Ashland COVID-19 Hotline 508-532-7900. For questions or requests for food delivery please email [covid19@ashlandmass.com](mailto:covid19@ashlandmass.com).

Milford Regional COVID-19 Helpline 508-717-3702 (8am to 8pm for those with symptoms) Massachusetts Non-Emergency Assistance including COVID-19 Dial 2-1-1 (24 by 7)

Buoy COVID-19 Symptom Checker<http://buoy.com/mass>

Protecting yourself from COVID-19 60-Minute Course

[h ttp://news.northeastern.edu/2020/03/19/not-sure-what-to-do-about-covid-19-take-this-60-minut](http://news.northeastern.edu/2020/03/19/not-sure-what-to-do-about-covid-19-take-this-60-minute-course/) [e -course/](http://news.northeastern.edu/2020/03/19/not-sure-what-to-do-about-covid-19-take-this-60-minute-course/)

Advocates Psychiatric Emergency Services: 1-800-640-5432 Mental Health Referral INTERFACE: 1-888-244-6843

Network of Care Massachusetts [h ttps://massachusetts.networkofcare.org/mh/](https://massachusetts.networkofcare.org/mh/)

# Overall Resources

St. John’s Parish Offices: 508-435-3313 x203

Hopkinton Youth & Family Services: Dawn Alcott, LICSW and Colleen Souza, LICSW 508-487-9781

Hopkinton Senior Center: 508-487-9730

MEMA COVID-19 Public Resources (Food Banks, Project Bread, Emotional, Spiritual, Housing and Elder Assistance). <https://www.mass.gov/info-details/covid-19-public-resources-map>